

WAXING

Consultation

Please ensure you let us know if you have any medical conditions or allergies prior to treatment, particularly:

Heart condition, cancer, epilepsy, tumours, diabetes, pregnancy, botox, collagen, inflammation/infection or skin diseases, steroid cream or medication, Retin A, Roaccutane, semi-permanent makeup/microblading, varicose veins. I cannot wax over sun burn!

Before your treatment

Your hair needs to be ½ cm long for us to wax successfully. Trim any long hair to minimise tugging. Come and see us every 4-6 weeks and no tweezing, shaving or hair removal creams between appointments, please.

Avoid using chemical exfoliants (aha or bha products) 48 hours prior to waxing.

No sunbathing, sunbeds or heat treatments for 24 hours beforehand.

Ensure to exfoliate the day before your wax treatment.

Do not use bath oils or apply heavy body lotions on the day of your treatment.

Exfoliate and moisturise the area well the day before your wax.

After your treatment

It is quite normal for your skin to look and feel a little irritated immediately after waxing, especially if this is your first treatment. This will subside over the next day or so, but please get in touch if you have any questions.

Keep your freshly waxed skin clean and avoid heat and friction for 24-48 hours.

Only take cool baths or showers during this time.

No vigorous exercise, sport, swimming or gym work.

Avoid touching, scratching or rubbing the treated area.

No sexual activity immediately after intimate waxing.

No sunbathing, sunbeds or self-tanning products until all redness has gone.

Wear close, loose fitting clothing for your comfort.

Apply a soothing lotion as recommended by your therapist to calm and protect the waxed skin. Ensure you use any sunscreen on any exposed areas.

Starting a few days after your treatment, use a body scrub, brush or mitt to gently exfoliate your skin 3-4 times a week. Couple with a daily moisturising lotion to help prevent ingrown hairs.

No make up for 6 hours, unless mineral make up for facial waxing.

We recommend a range of post wax potions and lotions to help soothe the skin, help to minimise ingrown hairs, and reduce hair growth. Please ask your therapist.